

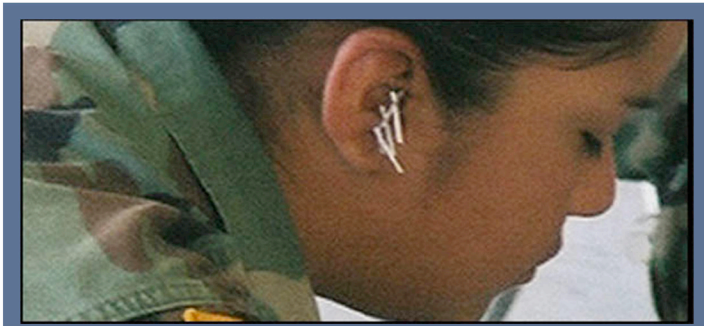


Acupuncturists Without Borders

Providing relief and recovery for trauma from disasters and global conflicts

www.AcuWithoutBorders.org

Email: info@AcuWithoutBorders.org



National Guardswoman receiving free acupuncture.

"I believe that because of the acupuncture treatments I have become calmer and my anxiety level has drastically come down. I'm able to sleep more restfully and without nightmares or flashbacks. I feel that I can sit and kickback and relax without feeling anxious" - Raul Rojas, Albuquerque Veteran

Acupuncturists Without Borders' (AWB) vision is to foster the creation of stable, peaceful global communities through its community-based acupuncture services and training which interrupt the cycles of unresolved trauma.

- From October 2005 through November 2006, AWB treated over 8000 residents, relief workers and volunteers in post-Katrina New Orleans with free community acupuncture treatments administered by rotating teams of volunteer acupuncturists from around the country.
- AWB has a national Veterans Project supporting free community acupuncture clinics around the country for veterans and their families to help heal the effects of war.
- AWB leads *Healing Community Trauma* trainings around the country to train acupuncturists and volunteers in how to respond to disasters and large scale traumatic situations.

"The Red Cross gave me water, food and blankets. Acupuncture gave me peace of mind and relief of the stress of all of this chaos." - California wildfire evacuee

You can connect with AWB in the following ways:

- Join AWB as a member
- Subscribe to our email list
- Hold a community acupuncture event or other fundraiser to help raise money for AWB's programs. This is a great way to support AWB and educate your community about acupuncture.
- Attend an AWB *Healing Community Trauma* training
- Open a Veterans Clinic or join an existing one as a volunteer
- Volunteer when we initiate disaster response field programs
- Make a donation of cash or supplies online or via check to AWB, 37 Kelly Lynn Drive, Sandia Park, NM 87047
- For more information visit www.AcuWithoutBorders.org or email info@acuwithoutborders.org



AWB volunteers provided free community acupuncture treatments to residents, relief workers and first responders in New Orleans.